

Fall 2010

NEW LIFE BEGINS AT MARTHA HOUSE

Melanie's Story



Five years ago, Melanie's family fled from political persecution, civil war and almost certain death in their homeland. In the ensuing chaos, her husband and three youngest children went one way; Melanie and 11-year-old Joseph went another. Little did

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MESSAGE FROM BROTHER RICHARD

As we wrap up the warmest summer we've experienced in three years, I feel renewed by the heat of the sun that lifted our spirits and renewed our hope for better days ahead. The transition from summer to the harvest season is a hopeful time of year as we turn our attention to school days and new projects. I have always viewed fall as a

season of renewal - of celebration and gratitude for my many blessings.

As a caring community, we are blessed to be able to see what is important in our lives and to recognize there are people who need our help throughout all seasons of the year. This was never clearer than during the latest economic downturn that prompted us to reach out with offers of assistance, and made our

work at Good Shepherd more vital than ever to our community. I can't tell you the number of times people have told me how fortunate they are to have made it through the recent tough times. It has made them remember those struggling with poverty who may never have had the benefit of steady employment, the loving support of family and friends, adequate food or a safe home.

I have come to realize it is not grand gestures, but cumulative smaller efforts that have the greatest impact. This is what our children learn when they participate in school food drives. Knowing that children are our hope for a brighter future, the following story comes to mind:

A little girl was shopping with her Mom. Perhaps 6 years old, she was the image of innocence. It was pouring outside, the kind of rain that gushes over the top of rain gutters. A group of people stood under the awning just outside the store. Some waited patiently; others were irritated because nature was disrupting their busy day. The rain was mesmerizing, and I was lost in the sound and sight of the heavens washing away the dirt and dust of the world, when a little voice broke my trance. "Mom, let's run through the rain," she said. "What?" Mom asked. "Let's run through the rain!" she repeated. "No honey. We'll wait till it slows down a bit." Again the child repeated, "Mom, let's run through the rain." "We'll get soaked if we do," Mom said.

"No we won't Mom. That's not what you said this morning," she said tugging at her mother's arm. "This morning? When did I say we could run through the rain and not get wet?" "Don't you remember? When you were talking to Daddy about his cancer, you said if God can get us through this, He can get us through anything!" There was a long pause...then, "Honey, you are absolutely right. Let's run through the rain. If God let's us get wet, well maybe we just need washing," her Mom said. Off they ran, laughing, dodging puddles, and yes, they got soaked. But they were secure in their faith that God was with them. In return for their faith, they received a wonderful memory to share.

Circumstances can remove our material possessions; they can take away our money and our health; but nothing can take away our memories and our faith. At Good Shepherd, we never lose faith in people. We ask that you share our faith by continuing, through your donations and volunteer efforts, to support our programs and services. Despite the economic recovery, the need has never been greater. Thank you for continuing to aid us in our efforts to help those in need rediscover their faith in themselves.

Yours in Jesus, the Good Shepherd

Brother Richard MacPhee, BGS



Executive Director

At Martha House, Melanie says she was shown, "many affections and help to rebuild her life." The staff there helped her prepare for her immigration hearing, validated her emotional turmoil and encouraged her in finding hope for a brighter future. With the support of Martha House, Melanie began to look forward.

Melanie and Joseph eventually moved into their own apartment in the city. Melanie cried when she left Martha House, where she and Joseph had been cared for emotionally, physically and spiritually. She says, "the staff treated us with such love! Leaving there felt like being abandoned all over again."

However, Melanie and Joseph continued to stay in touch with Martha House, and staff there helped them acquire clothing, and furnishings for their apartment. They arranged for Joseph to attend summer camp, where he eventually became a counselor, and staff included them on a trip to Canada's Wonderland.

Joseph, now 16, is vice-president of his high school student council, a member of the football team, a whiz at computers, and maintains a 90% average.

Melanie, who worked in the medical field in Africa, attended St. Charles Adult Learning Centre to learn English and worked in the cafeteria at Columbia International College. She went on to become a personal support worker at a nursing home in Ancaster, and recently achieved a university nursing diploma. She continues to study toward a Bachelor of Health Sciences degree and intends, one day, to become a doctor!

The biggest miracle of all, though, was being reunited with her husband and three younger children earlier this year! Once again, Martha House was there to help the reunited family with clothing, furnishings and moral support.

Melanie says, "At Martha House, they show us love and respect, and they make us feel like we have value."

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they know it would be years before they found one another again.

Eventually, Melanie and Joseph made their way to Hamilton. They had no home, no friends and no way to effectively communicate. Through SISO (Settlement and Integration Services Organization), they were directed to Martha House and were introduced to someone who spoke their language.

Thus began their new Canadian life!

Joseph was enrolled in school where he learned English quickly and adapted to life in his new country with ease. Melanie, on the other hand, struggled with sadness and depression. English did not come easily to her; she missed her husband and children and found it difficult to navigate in an unfamiliar culture.

GOOD SHEPHERD SQUARE

Opening Day Is Getting Closer!



If you have been by the construction site of Good Shepherd Square (King Street between Ray and Pearl Streets) of late, you will have seen that construction cranes and workers are going full speed ahead. The buildings seem to get taller every day!

The exterior of the new Women's Services building is more or less complete, and work is going apace on the inside. Plans are being made for an official opening of the building, which will combine our current Martha House, Mary's Place and Outreach programs, sometime in the near future, so stay tuned!

The other two buildings will be complete sometime in 2011. One building will provide a seniors' Wellness Centre and 72 units of affordable housing for seniors; the other will offer 84 affordable housing units for singles and small families as well as offices for Good Shepherd's administrative staff, a social service resource centre and community meeting rooms.

The total cost of this massive undertaking is \$55 million. The City of Hamilton, the Province of Ontario, and the Federal Government have contributed \$45 million, and it is up to Good Shepherd to raise the remaining \$10 million through

community support.

The Staff and Board of Directors of Good Shepherd are so enthusiastic about Good Shepherd Square, that they themselves have already contributed \$45,514 toward the project. Meanwhile, members of the Campaign Cabinet are busy approaching business community securing pledges of support.

Should you wish to help us reach our goal, you are welcome to submit funds payable to Good Shepherd Capital Campaign.

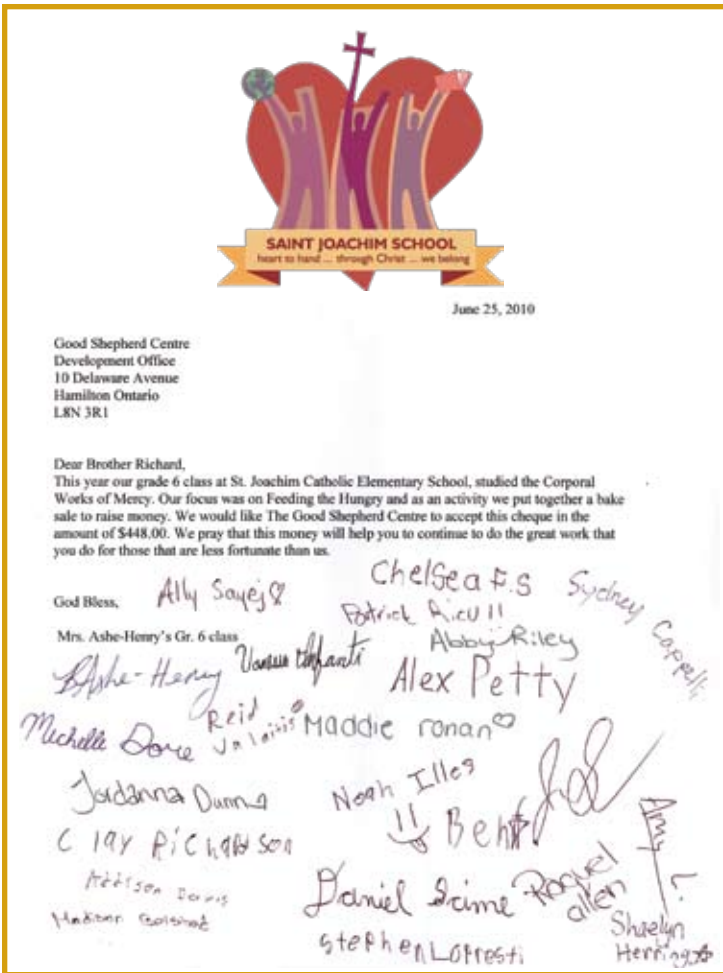
In the words of Brother Richard:

*"We are building something much greater than bricks and mortar;
we are building a better future for all people in the City of Hamilton."*

COMMUNITY INITIATIVES

You are the champions of our community

You can hold your own event on behalf of Good Shepherd. Dozens of individuals, schools and corporations hold events every year that fundraise—and friend-raise—for Good Shepherd! They are educational, team-building, morale-boosting, and a lot of fun. Below are some highlights of what our community has done for us.



Many thanks to the Grade 6 class at St. Joachim School for the \$448 they raised through their bake sale to help us feed the hungry!

We frequently receive donations from schools, churches, corporations and social groups who conduct fundraisers to help us care for people in our community who are in need of assistance. YOU CAN DO IT TOO!

We want to celebrate your contributions to the work of Good Shepherd! Let us thank you for your compassion. Tell us about your event and send photos if you can. We would like to feature your contribution on our Community Initiatives Page. Please contact Nicole Currell: nicolec2@goodshepherdcentres.ca or 905.528.6565 x3309



The Biking Barristers took to the Escarpment Rail Trail September 25 on their 17th Annual Miles for Smiles bike ride. Dedicated members of the Hamilton legal community, led by Don Clarke, David Sherman, Dennis Reardon and Steve Howarth, have raised almost \$400,000 in support of Good Shepherd Youth Services. For event photos, please go to www.milesforsmilesride.ca



Every weekend for the past two summers, The Brick at 1441 Upper James has been hosting a BBQ in support of Good Shepherd programs and services. To date, \$1,150 has been raised. Many thanks to the Operations Manager, Gwen Laguerre for coordinating these events and to everyone who has participated!



The 40th Annual
THE BORTHWICK
 MEMORIAL GOLF TOURNAMENT

The 40th Annual Borthwick Memorial Golf Tournament, held on Monday, September 13, marked the end of a two-year commitment to raise funds for JEB's Place, Good Shepherd's newest youth services program, which will soon house youth aged 13 to 16 years. In total, the Tournament has raised over a quarter of a million dollars! We are endlessly grateful to the Borthwick Committee for choosing to support our project!

UPCOMING COMMUNITY INITIATIVES

Road2Hope

November 6, 2010
 Confederation Park, Hamilton
 Walk or run for Good Shepherd!
 To participate in this event, please contact
 Nicole Currell: 905.528.6565 x3309

An Intimate Evening with Al Pacino

November 22, 2010
 Carmen's Banquet Centre
 For more information, please contact Carmen's Box
 Office: 905.387.0001

For more information on upcoming Community Initiatives,
 or if you would like to know how to get involved, please contact:

Nicole Currell
 Community Initiatives Coordinator
 905.528.6565 x3309
 nicolec2@goodshepherdcentres.ca

THE VOLUNTEER Outreach

AWARD-WINNING VOLUNTEERS!

Dynamic Duo Tops In Our Eyes

When the Association for Fundraising Professionals invited Good Shepherd to submit an application for the 2010 Philanthropy Award, we couldn't think of a more deserving pair than Viola and Scott Harrison. Needless to say, we were thrilled when AFP notified us that the Dynamic Duo had been selected to receive the award.

Viola and Scott have been integral contributors to Good Shepherd since 1987. They help out at our Food Bank, our Daily Hot Meal Program, the Christmas Store and special client meals at Easter, Thanksgiving and New Years. Their compassionate and caring demeanors make our guests feel welcomed and at home.

Viola and Scott are well-known in their neighbourhood. Their garage has become the 'local depot' for donated items that people bring to them from far and wide. Viola carefully examines all donations for quality before accepting them. As a result of her hard work and diligence, our clients have access to good used clothing, winter wear, furnishings and household items that they could not otherwise afford. The couple also collects plastic grocery bags and twist ties for the Food Bank, and wool which friends knit into baby items.

The neighbours and family members who bring their items to Viola and Scott respect them for their good work. Were it not for the ease of giving provided by Vi and Scott, the plastic bags and gently used items would probably end up in a landfill. On



Dynamic Duo mother-son team, Vi and Scott Harrison

Mondays, which is the pair's day to volunteer at the Warehouse, they load their car with donations to bring along to the warehouse.

Vi says, "People come to us because they trust that their donations will not be sold, but will be put to good use. Sometimes they even hand me cheques and cash." She and Scott are always happy to welcome donors with a smile and a chat.

77-year-old Viola was widowed in 1989. Scott, aged 43, lives with the effects of an acquired brain injury, the result of a car accident when he was 10 years of age. Because of this, Vi has been a stay-at-home mom to her only child. However, that doesn't mean she hasn't been active!

Vi volunteered at Scott's school, administered eye-sight and hearing tests to pre-schoolers, and helped out at a local greenhouse while Scott was growing up.

Today, the list of good works the pair are involved in is astonishing. In tribute to their heritage, they volunteer at a Slovenian park in St. Catharines; they mow lawns and shovel snow for older neighbours; and they tend to neighbouring families' needs when someone is sick or has passed away. Scott is a member of the Knights of Columbus honour guard, and Vi counts and sells cards at the Knights' twice-monthly bingo; as members of St. Raphael's Parish in Burlington, she and Scott count and roll the collection money; Vi is also a lector at Mass and a member of the funeral choir, while Scott is an usher and altar server. In addition to all of these activities, she and Scott take a daily walk to the local Tim Horton's. This is the devoted mother's method of ensuring her son stays fit – he doesn't like to walk without purpose, so a treat to look forward to offers incentive. Mother and son share a love of music and hiking. Vi also enjoys reading and gardening, while Scott likes to swim, cycle and play video games.

We think Viola and Scott are the personification of kindness, generosity and compassion. They are positive role models to all who know them and they embody a level of philanthropy to which everyone can aspire. We couldn't be prouder that their efforts have been recognized and rewarded!

"DAY OF CARING" Sign up your group today!



Day of Caring: May is Global Employee Volunteer Month at CIT Financial. For the 2nd year in a row, 50 CIT volunteers assisted our warehouse staff over a period of three days. We thank them for their enthusiastic volunteerism!

SUMMER VOLUNTEERING AT GOOD SHEPHERD



Summer Student Program: 27 students from local high schools provided assistance at our hot meal program, our clothing program and the food bank this summer. The highly successful program provides an unforgettable experience for students and welcome help for staff at Good Shepherd.



Summer BBQ'S at The Brick raise funds for Good Shepherd with the help of various volunteers. Here volunteers Paula Pequegnat and Shane Eagan prepare hotdogs for enthusiastic shoppers.



Christmas in July: The Knights of Columbus from Grimsby braved several sweltering summer days in the warehouse preparing 3000 toiletry bags to be handed out to adult guests at our 2010 Christmas Dinner.

VOLUNTEERS URGENTLY NEEDED!

The Good Shepherd Centre Reception Assistant

To assist Shelter staff by answering phones & enquiries.

Mon - Fri 5 pm – 9 pm

Sat & Sun 9 am – 12:30 pm & 12:30 pm – 4 pm

Food Prep Assistant

To assist Kitchen Staff prepare lunch for residents.

9 am – noon on alternate Mon

9 am – noon Wed, Fri & Sat

Youth Services

Volunteers needed for childcare, homework assistance, activities, & serving food.

Mon - Sun – Daytime and evenings

Emmanuel House

Volunteers needed to prepare lunch

Mon - Sun 9 am - noon

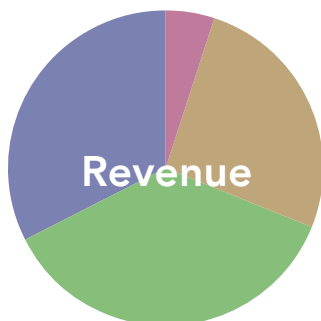
Please call Marilyn or Wendy at

905.528.6565 x3333 or x3321 to help

Financial Summary 2009/2010

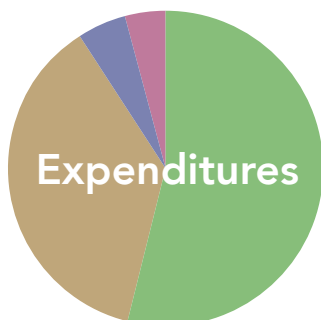
Revenues

Donations & Fundraising	\$	3,939,526
Fees for Service		3,178,616
Grants		4,419,920
Other		598,401
	\$	<u>12,136,463</u>



Expenditures

Administration	\$	563,109
Program Expense		4,633,623
Program Staff		6,642,693
Other		545,505
	\$	<u>12,384,930</u>



Deficit

	\$	<u>(248,467)</u>
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In our Financial Statements for 2009-10, the financial deficit of \$248,467 is attributed to the loss of funding for our Somerville House Program. Unfortunately, Good Shepherd was unable to secure permanent alternative funding and had to close the Somerville House Program effective August 3, 2010. If program funds had been secured, there would have been a small deficit of only \$5,030 in the fiscal year 2009-10.

DID YOU KNOW . . . ?



- 1 in 4 Canadian women will experience abuse by a partner
- Half of Canadian women (51%) have experienced at least one incident of physical or sexual violence since the age of 16
- Only 25% of domestic violence is reported to the police
- Every year in Canada, up to 360,000 children are exposed to domestic violence
- In fiscal year 2009/10 Martha House sheltered 665 abused women and 180 children
- In the same period, women were turned away on 848 occasions because the shelter was full
- Later this year, our new Women's Services building at Good Shepherd Square will provide 40 beds for abused women and their children, up from the current 28 beds

SOCIAL JUSTICE FOR ALL

A New Generation of Philanthropists



Vanessa, Felicia, and Jacqueline DeRubeis

Meet Vanessa, Felicia and Jacqueline DeRubeis. As members of the Bishop Ryan Social Justice Committee, the three sisters held a book drive at school in 2009. They posted homemade flyers, and books arrived – novels, picture books, text books, magazines, cookbooks – hundreds of them! The girls boxed them up according to age range and genre and delivered them to the Good Shepherd Warehouse. Thus, a trio of philanthropists was born!

In the late fall, the girls hosted a cupcake sale and raffled off an iPod at school. These events raised approximately \$700. They used the proceeds, along with Committee funds, to purchase gifts for the teens who attended our Annual Christmas Dinner. During the winter, they collected and laundered two garbage bags full of jeans, t-shirts and hoodies

for the youth who frequent Notre Dame House.

Their proud mother, Joanne, remembers the cupcake sale well. “They baked cupcakes in my kitchen after school every night for a week!” she laughs.

When asked what awakened their desire to ‘give back,’ the girls say their mother, who works in the field of public health, has ensured they understand that many people in the community struggle. And they were inspired to act after attending a presentation by Craig and Marc Kielburger’s organization, Me to We. “We realize how blessed we are; we want to help others who aren’t as fortunate as we are.”

This year, Vanessa, age 16, will be on her own at Bishop Ryan as 18-year-old twins, Felicia and Jacqueline, move on to

university. Nonetheless, all three sisters are committed to carrying on the work they’ve begun. Even little sister Celine, who is still in elementary school, has philanthropic ideas for the coming school year.

“We know there are social injustices. [My organization] is trying to help young people not just close their eyes and feel powerless, but to realize that they do have a positive role to play through simple, concrete, actions. Maybe it’s a petition, or a letter-writing campaign, or a small fundraiser like a bake sale or a car wash. But it empowers them to realize they can make a difference on some level. And it teaches them that even small actions can help change the world. It creates a sense of civic responsibility, a duty, a sense of global citizenship. It’s planting that seed.”

Craig Kielburger



Are you looking for a meaningful gift for special individuals on your Christmas list?

Why not consider a gift in support of the less fortunate served by Good Shepherd?

We will be delighted to send your honouree a beautiful card, notifying them of your gift; and you will receive an income tax receipt.

Donations can be made online:
www.goodshepherdcentres.ca or by phone:
905.57.ANGEL (26435)

SPONSOR-OUR-FAMILIES PROGRAM

Christmas is coming!

Please consider becoming one of our Christmas sponsors by providing gifts to brighten a struggling family's Christmas.

We invite individuals, families, office colleagues, teams, etc. to sponsor a Good Shepherd family this Christmas. It's a wonderful gift to give!

If you are interested, please contact:

Ruth Maudsley
905.528.6565 x3306
ruthm@goodshepherdcentres.ca
www.goodshepherdcentres.ca





**GOOD SHEPHERD'S
12TH ANNUAL HARVEST DINNER
OCTOBER 14TH, 2010**
Sharing the Harvest

www.harvestdinner.ca

You are cordially invited to join us and celebrate Good Shepherd's 12th Annual Harvest Dinner. Come and enjoy the wondrous Harvest Season that reminds us to be thankful for so many blessings.

Thursday, October 14, 2010
Cocktails/Silent Auction: 5:30 p.m.
Dinner: 6:30 p.m.
Business Attire

Carmen's Banquet Centre
1520 Stone Church Road East, Hamilton

Tickets: \$100 per person
For more information please contact
Sherry Moniz (905-528-6565 x3331) sherrym@goodshepherdcentres.ca

All proceeds to benefit Good Shepherd.



Have you considered including Good Shepherd as a beneficiary of your life insurance policy? Let us show you how this can help decrease taxes for you and the beneficiaries of your estate.

For more information, please contact:
Susan Elliott
Senior Development Officer
905.528.6565 x3330
susane@goodshepherdcentres.ca



Handing down a Legacy
for the future generation

**In Memory Gifts
July - August**

Hannah A. Agostini
Carmela Alfano
Arthur A. Amodeo
Desneiges Bazinet
Anastasia Blak
Maureen & Mark Blake
Rodger Bouchard
Joyce Brown
William Buist
Dominico Caiella
John H. Campbell
Frank Chepita
David J. Cooke
Ennio B. Corsini
Dorothy M. Crawford
George Davidson
Lillian M. Delsey
Pauline Di Filippo
Guido DiAdamo
Mary Camilla Dillon
John Donovan
Jaroslawa Dubrawski
Terence Dwyer
Anne T. Emberson

Mary A. Franco
Jack Gable
Marion I. Hagel
James R. Hampton
Maryclare P. Hanley
Eddie Helfand
Shelley A. Hill
Hryhorij Holadyk
Andrew Huba
Saara Kalliokoski
Reg Kennedy
Margaret Mary H.
Kirchen
Donald J. Lake
Thaddeus L. Lech
Boleslaw Lecki
Colin Leitch
Salvatore Macaluso
Reta Manary
Marian B. Martin
Frank McAdam
Leonard P. McNamara
Livia Melarangeli
Vincenza Milisenda

Peter B. Miller
Peter Ogilvie
Ruth I. Orr
Keith Parry
Marie L. Phillips
Guerrino Pitton
Marie A. Puskas
Toni Puskas
Ruth M. Rankin
Fioravante Riga
Michael Rosenitsch
Susan Scarfone
Kevin Smith
James P. Steffler
Zofia Tettmer
Minnie Tkach
Roman Tomaszewski
Doris Turnbull
Ronald Vink
Robert E. Walsh
Anne Wilson
John R. Yurincich



MESSAGE FROM
CATHY WELLWOOD

Did you know that according to the last Canadian census (2005), 90,000 Hamiltonians were living in poverty, and that of that number, almost 40,000 were women?

As sad as these statistics are, they don't tell the whole story. You see, the majority of these women are mothers – mothers who struggle every day to provide for their children as best they can. Try, if you are able, to imagine what it means to be a child growing up poor. The following child's-eye view of poverty is an excerpt from a list compiled by 10 and 11-year-olds from North Bay, Ontario:

Poverty is:

- Not buying books at the book fair
- Not going to birthday parties
- Not getting a pet because they cost too much
- Not going to summer camp
- Not getting pizza on pizza day
- Not going on class trips
- Being afraid to tell your mom you need new gym shoes
- Pretending you forgot your lunch
- Going to school without breakfast
- Not going to Cubs or playing soccer or taking swimming lessons
- Not going on a holiday...ever
- Not having pretty barrettes for your hair
- Being teased for the way you are dressed.

This breaks my heart! As a mother myself, I hope and pray that we will all recognize the plight of our children and find a way to bring hope into their lives. I know you cannot help every child, but each donation you send can make a difference in the life of at least one small person.

Once again, I thank you for your faith in Good Shepherd and your faith in the people we serve. God bless.



Cathy Wellwood
Chief Development Officer



OUR COMMITMENT TO YOU

The Good Shepherd Newsletter is published each season. It is our way of sharing with you Good Shepherd news, events and stories. As our supporter, you can also expect to receive greetings from the Brothers and Staff of Good Shepherd at Easter and Christmas.

Each of our mailings is accompanied by a reply card and a return envelope for your giving convenience. Although your support is vital, we understand that not everyone can make a donation in response to each mailing. However, we are committed to keeping you informed of the difference your support makes in the lives of our brothers and sisters.

We hope you enjoy our mailings to you. However, if you would prefer fewer mailings, or none at all, just let us know. We also invite you to use the reply envelope enclosed to communicate with us. Please tell us how you think we're doing and inform us of changes in your mailing information.

At Good Shepherd we value our donors highly and take your privacy very seriously. Your personal information is strictly confidential. We do not share, trade, or sell any information we have collected. Good Shepherd subscribes to the Association of Fundraising Professionals Donor Bill of Rights.

HOW TO REACH US

General Inquiries:

info@goodshepherdcentres.ca
Tel: 905.528.9109

Donation Inquiries:

donations@goodshepherdcentres.ca
Tel: 905.57.ANGEL (905.572.6435)
Fax: 905.528.6967

Good Shepherd

10 Delaware Avenue, P.O. Box 1003
Hamilton, Ontario L8N 3R1
www.goodshepherdcentres.ca