

THE VOLUNTEER Outreach

CELEBRATING YOUTH VOLUNTEERS MAKING A DIFFERENCE



Students from McMaster Inter-Varsity Christian Fellowship

Food Bank Volunteers



Mike and Jesse Burke-Gaffney

Jesse, and his father Mike, began volunteering at the Food Bank in March of this year. Jesse, who has been involved in numerous activities in the community since graduating from high school, was looking for another opportunity to give back – this time with his father who had recently retired. They really enjoy working together at the Food Bank, finding it meaningful and important – and they have also made some wonderful new friends along the way!

Youth Volunteers



Meg and Ailish

Best friends, Meg and Ailish began volunteering at the Good Shepherd Christmas Dinner three years ago. Their job has been to set up the Toy Room, but this coming Christmas, they hope to hand out toys to the children. They also generously volunteered their time at last Christmas Eve's Hot Meal Program – something they felt gave "true meaning to the spirit of Christmas." Both have volunteered in the Warehouse with their class and plan on participating together in the Summer Student Hot Meal Program!!

Women's Services Volunteers



Lilly Quintero

Lilly always dreamed of working in the social services field. As a volunteer at Martha House, Lilly enjoyed visiting with the women, sorting through donations, and helping staff with office duties. When asked what kept her coming back, Lilly said "I enjoyed getting to know the staff and interacting with the women. I loved volunteering there!" And now Lilly's dream has come true! After receiving the 2010 Volunteer of the Year Award for Women's Services, Lilly was offered a position with Good Shepherd. Congratulations Lilly!



Congratulations Ontario Volunteer Service Award Winners!

Good Shepherd volunteers were recognized at the Ontario Volunteer Service Awards Ceremony for their years of commitment and service to Good Shepherd. Pictured here are Camille Soo Lum (26 Years); Nellie Belluz (26 years); Sophia Aggelonitis, MPP; Don and Joan Collins (22 Years). Absent: Helen Callender (22 years); Joan Liberte (21 years).



Pat McKenna

Pat started volunteering at Emmanuel House in 2007 where she could be found helping the staff with meal preparation, folding laundry or visiting with our residents who had few visitors, or whose family lived far away. Pat found it very rewarding to feel that she could make a difference in helping people be more comfortable towards the end of their life. Currently,

Pat helps out at the Development Office with reception and clerical duties. Pat believes that Good Shepherd plays a vital role in our community by enriching the quality of life of our citizens and that the volunteers play an important role in assisting staff to reach that goal.

VOLUNTEERS URGENTLY NEEDED!

Food Prep Program requires volunteers to help with food preparation Monday to Friday 9:00am-12noon

The **Food Bank** requires volunteers to assist with bagging groceries, stocking shelves and greeting guests. Monday to Friday 9am-12:30pm or 12:30-4pm.

Warehouse Assistant volunteers required for sorting and distributing donations Monday to Friday 9am-12noon or 1-4pm. Work boots required.

Clothing Sorter volunteers required to sort through donations Monday to Friday 9am-12noon.

Emmanuel House (palliative care) requires volunteers for reception duties Thursday to Sunday 4-7pm and 11am-2pm on Saturday and Sunday.

Long Distance Bike Rider is required to assist the staff in The Wellness Program.

Child minding volunteers required to volunteer 4:30-6:30 Monday to Friday.

To Join our team
call: 905-528-6565 x3333 or x3321 or
email: Volunteer@goodshepherdcentres.ca

VOLUNTEER TODAY!



Maria and Vincenzo Sabatelli from Classique Hair Design donate their services monthly to style our youth's hair.