

Good Shepherd Youth Services

Brennan House
614 King Street East
Hamilton ON L8N 1E2

Brennan House ACTS
1080 King Street East
Hamilton ON L8M 1E3

Phone: 905.577.1166

www.goodshepherdcentres.ca
www.facebook.com/goodshepherdhamilton
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Good Shepherd Youth Services

Brennan House & ACTS

Good Shepherd Youth Services inspires youth to dream, hope and achieve. We strengthen community by believing that no youth stands alone.

"I was so anxious that I could not attend school or even leave the house. With support from Brennan House, I have graduated from high school, I take the medication that I need and now live independently!"
- Client

What does it mean to have Faith in People

It means seeing the whole person. Hearing the warmth in their voice, not just the despair. We see their potential and promise.

For those we serve at Good Shepherd, our faith in people means all of this. It also means helping people discover their faith in themselves.

For more information about Good Shepherd:

Good Shepherd Development Office
10 Delaware Avenue, PO Box 1003
Hamilton ON L8N 3R1

905.572.6435 (905.57.ANGEL)

www.goodshepherdcentres.ca
Facebook: [goodshepherdhamilton](https://www.facebook.com/goodshepherdhamilton)
Twitter: [@goodshepherdham](https://twitter.com/goodshepherdham)
Instagram: [goodshepherdhamilton](https://www.instagram.com/goodshepherdhamilton)
Charitable Registration # 13063 6798 RR0001

 Good Shepherd
Faith in people.



no youth stands alone

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Our Goal

Brennan House is committed to stabilizing youth with complex mental health concerns. This is accomplished by assisting youth in developing skills to manage and understand their own mental health concerns. The program assists youth by providing supports and the necessary tools to encourage their journey toward independence and stability.



Brennan House

Brennan House is a gender-neutral, adolescent residential mental health treatment program for youth 16 to 20 years of age with significant mental health concerns. The interdisciplinary team implements clinically informed care plans aimed at managing mental health concerns; improving family engagement and relationships; improving global functioning; engaging in the community; and enhancing life skills.

Brennan House ACTS

Our Aftercare Transitional Support (ACTS) housing is available to youth who require minimal support for up to two years after living at Brennan House. ACTS consists of six furnished bachelor units supported by Brennan House Youth Liaison Worker with weekly resident meetings.

Our Services

- 24-hour access to staff supports
- On-site mental health clinician
- Family mediation and counselling
- Community advocacy and liaison
- Access to consulting psychiatry and psychology services
- Access to nurse practitioner and addiction services
- Medication management
- Supporting academic reintegration
- Help finding and maintaining employment
- Budgeting
- Life skills training
- Access to Brennan House Aftercare Transitional Housing and Supports

